

**Diane K. Schmidt Counseling Services**  
**Diane K. Schmidt, LSCSW**  
**8575 W. 110 Street, Suite 304**  
**Overland Park, Kansas 66210**  
**913.730.6778**  
**diane@dkschmidtcounseling.com**  
**www.dkschmidtcounseling.com**  
**www.acckc.com**

## **CLIENT INFORMATION FORM**

### **QUALIFICATIONS**

The therapist providing services is licensed in the State of Kansas as a Licensed Specialist Clinical Social Worker, License #4169.

She received her Master of Social Work degree from the University of Kansas.

### **SESSION FORMAT**

Research has shown that the nature and severity of the client's presenting problems usually determine the length of therapy. Treatment can range from a few sessions to several months of therapy. The estimated length of a client's treatment will be determined in a collaborative discussion between client and therapist. Regular reviews of the client's progress and continuing need for therapy will be discussed with the client. Clients may leave therapy at any time, but the therapist asks that they agree to discuss the termination of therapy at a regular therapy session, rather than by phone.

She will incorporate Christian principles if so desired by the client. Emphasis is on relationship, not religion.

### **CONFIDENTIALITY**

The information clients provide in therapy is confidential. The therapist will not reveal any information about clients or their issues, except for professional consultation, without the client's written consent. Any written records about treatment are also confidential. Because of the therapist's legal mandate to report some issues, confidentiality may be broken if a client is found to be a clear and imminent danger to self or others, if he/she reports current abuse of a child or dependent adult, or if the therapist receives a court order to release the client's records.

### **BENEFITS AND RISKS**

Any time individuals seek therapy to work on difficulties within themselves or their personal relationships, there are benefits and risks involved. The benefits can include the ability to handle or cope with specific concerns and/or interpersonal relationships in a healthier way. Clients may also gain a greater understanding of personal, interpersonal, or family goals and values. This new understanding may lead to greater maturity and happiness as an individual, couple or as a family. There may also be other benefits that come as clients work at resolving specific concerns.

However, therapy can be challenging and uncomfortable at times. Remembering and resolving an unpleasant event may cause intense feelings of fear, anger, depression, and frustration. As clients work to resolve personal issues or issues between family members, marital partners, and

other persons, they may experience discomfort and an increase in conflict. There may also be changes in their relationships that they had not originally intended.

The therapist will discuss with clients the benefits and risks involved in their particular situations. The therapist encourages ongoing discussions of client's concerns as therapy progresses. Clients are encouraged to discuss with the therapist any concerns they may have as they progress through therapy.

You will be expected to relate not only problems and concerns, but successes and enjoyable experiences as well. At times you may be given homework assignments such as reading, keeping a journal, monitoring your own behavior, practicing a new behavior, etc.

It is important that you regularly and promptly attend scheduled sessions.

**PHONE CONTACT AND EMERGENCY POLICY**

Clients may contact the therapist at (913) 345-9333 X301. A phone voicemail system is available to take messages when the therapist is unavailable. Messages will be returned as soon as possible. The therapist cannot be available for 24-hour emergency care and clients cannot assume the therapist will be available at all times. In case of an emergency and the inability to reach the therapist, the client can contact one of the following crisis hotlines:

<b>Kansas Crisis Hotline, Domestic Violence</b>	<b>1-888-END ABUSE (1-888-363-2287)</b>
<b>National Domestic Violence Hotline</b>	<b>1-800-799-7233</b>
<b>Johnson County Mental Health Emergency Services</b>	<b>913-384-3535</b>
<b>Child Abuse</b>	<b>1-800-922-5330</b>
<b>Rape Crisis Line</b>	<b>816-531-0233 or 913-642-0233</b>
<b>Suicide</b>	<b>1-800-SUICIDE (1-800-784-2433)</b>
<b>Battered Women's Shelter</b>	<b>913-262-2868</b>
<b>Emergency</b>	<b>911</b>